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To: rbrunner@ix.netcom.com
Subject: Buttermilk Pancake Recipe
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Date: Wed, 8 May 2002 22:11:49 -0700

BUTTERMILK PANCAKES
...Carol Greene...

Mix with mixer until smooth.

3 eggs
3 cups buttermilk
3 cups unbleached all-purpose flour
1/2 teaspoon salt (optional)
3/4 cube melted butter (1/2 cube is O.K. too if you want to use less fat)

Pour into Stand and Zip bag and seal.

In a separate ziplock bag put:

1 tablespoon baking powder
1 1/2 teaspoons soda

Frozen blueberries can be purchased at Trader Joes:

Blueberry pancakes: Put 1/2 of the contents in the frozen blueberry bag (I think it's 1 1/2 cups) into a ziplock bag.

Banana walnut pancakes: Put 1/2 cup chopped walnuts into a ziplock bag for each recipe:

On the day of the event, peel, quarter lengthwise, and slice into about 1/4 inch slices 2 bananas per recipe.

Probably 15 batches of blueberry and 15 batches of banana-walnut pancakes will be made on the day of the event.

Workers will combine in a mixing bowl 1 bag of pancake batter, 1 bag of baking powder/baking soda, and stir well with a wire whip. Add either blueberries or bananas and walnuts for the type of pancakes desired. Use rubber scrapers to scrape out the bowls.

Enjoy!

Carol

Attachment
3.3 KBytes

BASIC BUTTERMILK PANCAKES RECIPE									
Ingredient	Amount per recipe	Measurement unit	Number of recipes	Total Measurement amount	Conversion factor	Conversion units	Total amount	Purchase amount	Amt used for 40 recipes
Buttermilk	3 cups	cup	40	120 cups	8 cups/half gal	15 half gallon	15	15	16
Butter, melted	0.75 cube	cube	40	30 cube	4 cubes/lb	8 pound	7.5	8	16
Eggs	3 each	each	40	120 each	12 per dozen	10 dozen	10	10	9
Flour	3 cups	cup	40	120 cups	15.5 cups/bag	8.5 pound bag	7.742	8.5	7.19
Baking powde	1 tablespoon	tablespoon	40	40 tablespoon	23.0 tbs/can	2 10 oz can	1.739	2	1.69
Baking soda	0.5 tablespoon	tablespoon	40	20 tablespoon	1	1 1 lb box	1	1	1.16
Salt (optional)	0.5 teaspoon	teaspoon	40	20 teaspoon	1	1 26 oz box	1	1	1.59
FOR BANANA WALNUT PANCAKES									
walnuts (Cost)	1 cup	cup	20	20 cup	12 cups/bag	2 1 lb bag	1.667	2	1.81
Bananas	2 each	each	20	40 each	1 each	40 each	40	40	31.6
chopped waln:(T.J.'s)	1 cup	cup	20	20 cups	2.5 cups/bag	6 1 lb bag	—	—	—
FOR BLUEBERRY PANCAKES									
Blueberries	8 ounces	ounces	20	160 ounces	16 oz/bag	10 16 oz bag	10	10	11.6 = 19.9
Basic assumptions:									
20 five-inch pancakes/recipe									
200 people									
4 pancakes/person									
Therefore: 200*4/20=40 recipes required of basic recipe									
Glad Stand & Zip 1/2 gall	1	gall	40	40 bags	9 bags/box	5 boxes	4.444	5	19 BAGS
Ziplock 1 qt. Freezer bags	2	bags	40	80 bags	72 bags/box	2 boxes	1.111	2	30 BAGS
Ziplock sandwich bags	1	bags	40	40 bags	150 bags/box	1 box	0.267	1	110 BAGS

7-2002
35 BOUND PAP.

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WASTED

WASTED
NOB Hill
NOB Hill
NOB Hill

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TENDER SOCS

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319
346